



Nursing is an art:
and if it is to be
made an art,
it requires
an exclusive devotion
as hard a preparation
as any painter's
or sculptor's work;
for what is the having to do
with dead canvas
or dead marble,
compared with having
to do with the living body, the
temple of God's spirit? Nursing is
an art,
The finest of fine arts.

Florence Nightingale



THE ARTWORK OF LORI WATKINS



The Cassandra Project

Oceanside, CA

760-803-2345

email to: tocassandraproject@gmail.com

About the Artist

Lori Watkins was born in Santiago Chile, in 1976. She was adopted by a family of American Diplomats. Living in many diverse cultures gave her the opportunity to develop her identity through a contextual relatability to the environments that she was exposed to. She grew up in South America, Africa, Asia and the United States. She is a Licensed Vocational Nurse of 20 years, serving the World War II generation as a skilled nurse. She continues her nursing endeavors working with Senior Citizens in Partnership with Complete Caregiver. Lori is an artist of oils on canvas of impressionist and expressionist style. In her creative expression to advocate for mental health needs, she demonstrates a vision of the future where the arts are desired, appreciated and important for everyone. She generates her passions through the community in which she serves.



THE CASSANDRA PROJECT

The Cassandra Project was inspired during the COVID 19 pandemic of 2020. Created and generated by Senior Nurses to advocate for healthcare workers on the frontline. Here we connect with respected nurses that have worked for decades in the healthcare structure. Here we create resources together for our healthcare workers on the frontline.



*Napoleon Stated,
"Circumstance, I make it."*

The name Cassandra is from Florence Nightingale's essay Inspired from 1820-1910. Cassandra was written in 1852. At a time in Florence Nightingale's life when she was despaired. "Cassandra" emerged out of the long years of almost immobilizing desperation, out of the bitterness of thwarted desires, and the writing of it seemed to free her. She discovered after the writing of "Cassandra" that the bonds which confined her were made of straw, and that it was possible to break them. Through the writing of "Cassandra" despair was transformed into rebellion. In, "Cassandra" Florence Nightingale wrote movingly and sensitively about the plight of Victorian women of her social class.



Letting our
Frontline Workers speak into a big listening.

Podcast

anchor.fm/lori-watkins

- 1) The Cassandra Project.
Introduction to who Lori Watkins is.
- 2) Introduction to Carol Georges
Senior Nurse, former Landmark Leader
- 3) Check in for further details.....



COMMON QUESTIONS:

What is so about this project?

What is the predictable future that could be in this area if no action is taken?

What is the future that could be in this area if a new possibility is created?

Connecting Our
Resources Together

Lets Create it!