

Bibliography of Memoir Writing Books

Writing the Memoir, from speech to art, Judith Barrington

Lessons from a Writing Life, Terry Brooks

Artist's Way, Julia Cameron

Art of Memoir, Mary Karr

On Writing, Stephen King

Bird by Bird, Anne Lamott

How the Light Gets In, Writing as a Spiritual Practice, Pam Schneider

Questions to Kickstart your Memoir

1. What is the one thread that has always run through your life? Books, dance, fishing, numbers, spirituality?
2. Which young conversations could you explore in depth?
3. What is in your heart that clamors to be written on a page?
4. What are the most significant words anyone has ever said to you?
5. Everyone has a legacy. What is yours?